

# TURMERIC PASTE

Vegan Cooking

- ½ cup Turmeric powder
- 1.5 cups water or more
- 2 table spoons fresh minced ginger root
- 2 table spoons coconut oil
- 2 tablespoons Cinnamon powder
- Pinch black pepper corn

## Instructions

Bring to soft boil let simmer for 7 or 8 minutes to make into a paste, add more water if needed.

Paste will last two weeks in fridge.

Add 1 tablespoon to Pero, (or any coffee Substitute) in morning.