

on advanced natural healing techniques for supposedly incurable health conditions.

> Chapter 21: **Emphysema and Other Lung Conditions**

Featuring Dr. Richard Schulze

Emphysema and Other Lung Conditions

On the videotapes, lung cancer was covered. The treatments are similar, but for your information, here is one of Richard Schulze's emphysema patients who followed these methods and cured the disease.

SCHULZE: I had a man come to see me who was the worst case I've seen. He had emphysema. He also had what is called chronic bronchitis, he also had asthma and, according to his doctors, they said he would never return to normal. It's a nice positive statement you hear from doctors quite often.

BISER: But how bad was this man?

SCHULZE: Well, he basically couldn't do much. He was a movie actor. He first started noticing he had a problem when he was gasping for breath. He'd just get up and walk across the room and lose his breath.

Then the next thing he noticed was that they couldn't hear him. His voice wasn't coming out on the microphone, and so he had to go in and do voice-overs on everything.

He got to the point where they could never pick him up, no matter where they placed the mike. Finally, it got so bad he couldn't get off his chair, and he was basically bedridden. He was a cigarette smoker for about 30 years, and one of the really heavy smokers (2 or 3 packs a day). He had a family history of lung disease, and I think someone in his family also had lung cancer.

He didn't have lung cancer, but one doctor diagnosed him with emphysema, another with chronic bronchitis and another one with asthma, and then they diagnosed him with all three, which is not totally common — but it's not rare either.

Whenever you have *two* of these they consider it irreversible. His lungs were scarred and doctors said they wouldn't get better.

Well, the first thing he did was to quit smoking. He was scared at this point. He couldn't even get out of bed. Every time he took a breath, he'd start choking and coughing. He had a lot of inflammation in his lungs, and mucus, and he went on the incurables routine. He did the juice fast, and stayed on that for a long time. His wind came back, his breath came back.

In fact, he's still working today. He's still making movies, doing television, and he has no problems with his lungs at all. He does long power walks in the morning and has basically cured all three conditions they said he had. When he got started on this program, it was like he was sucking through a straw when he tried to breathe.

I've seen numerous other people with one, and sometimes even three, of these conditions, and of course, once doctors diagnose you with all three they put you in this group they call the X-group and that means that you're not ever going to get better.

I've seen these people turn it around. My youngest patient, who was totally asthmatic, was two and a half years old, had been on a year and a half of antibiotics. I think my oldest was in her 90's, and she had pneumonia so bad she sounded like someone was gargling when she talked to me. I mean, it was like the air had to go through liquid. It was bubbling. It sounded like she was talking through an aquarium.

Some of these people get so much inflammation and so much fluid on their lung. The doctors absolutely believe when you develop scar tissue in your lungs and your airway is obstructed, it doesn't ever reverse itself.

And they're very emphatic about this, especially the Lung Association, the Asthma Foundations, etc. They believe that there is no cure for this disease. But I've seen hundreds of people turn it around — once they stop their bad habits and do the incurables program.

One of the things medicine has done to discourage people from self-healing is saying, once an organ is damaged, it won't repair itself. But now it's proven that the minute you stop abusing your lungs, the white blood cells in the lungs start eating the tar up and the scar tissue, too.

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So you can just accelerate that with all the natural healing programs. I've seen people who were wheezing and couldn't walk due to emphysema — be better in six months.

Emphysema most of the time is caused by bad habits and an unhealthy life-style. The minute you turn that around, you're on the road to recovery. The key factor would be, obviously, stop doing anything to damage the lung.