BLACK WALNUT

Nature's Most Powerful Antifungal

Fungal conditions like toenail fungus, athlete's foot, and stubborn skin fungus are notoriously hard to clear — they take hold in warm, damp places on the body and often shrug off over-the-counter creams, only to flare back up months later.

Black Walnut has long been used as one of the strongest plant-based antifungals available, and the green hull — the outer covering of the walnut — is the most potent part of the whole herb.

Beyond fungus, Black Walnut's astringent action has traditionally made it useful for a wide range of skin conditions, and its bark and leaves have a long history of use as a mild laxative and as a traditional vermifuge for intestinal parasites.

Because fungal infections are stubborn by nature, Black Walnut works best with regular, consistent use rather than a single application — clearing a nail or a skin patch fully can take patience.

This Herbal Remedy:

- CLEARS Stubborn Fungal Conditions — Toenail Fungus, Athlete's Foot, and Skin Fungus
- SUPPORTS Healthy Skin with Traditional Astringent Action
- SERVES as a Traditional Vermifuge for Intestinal Parasites
- 100% organic, herbal, sugar-free and chemical-free

BOTANICAL INGREDIENTS: Black Walnut (Green Hull, Leaves, and Inner Bark)



Black Walnut

The green hull is the most potent part of the plant and the source of Black Walnut's antifungal reputation. The inner bark and leaves are astringent, traditionally used for skin conditions, diarrhea, and profuse menstruation, while the whole herb has long served as a mild laxative and vermifuge.

HOW IT WORKS

Black Walnut's antifungal strength comes primarily from the green hull, traditionally applied or taken to clear stubborn fungal conditions of the nails and skin. Its astringent action firms and tones irritated tissue, which is also behind its traditional use for a range of skin conditions.

Dosage

Salve: apply topically as needed.

Extract: 1/2 to 1 tsp. added to warm water, 3 to 5 times a day as needed.

Fungal conditions took time to take hold, and they take time to fully clear — stay consistent even after visible improvement, since a fungus that looks gone can still be working its way out. Applied to the skin, the extract will temporarily darken lighter skin tones; this fades within a week or two on its own. *For more on this formula, see my blog post "Black Walnut: Nature's Strongest Antifungal" at www.daradietz.me.*