HEAL MARKETPLACE

BLADDER COMFORT

Fast-Acting Herbal Relief for the Pain and Burning of a Bladder Infection!

There's a moment right at the very start of a bladder infection — a telltale twinge, burning, or urgency — when acting quickly can still stop it in its tracks. That moment, not hours or days later, is when to reach for Bladder Comfort.

Your bladder is a muscular, expandable pouch that stores urine until you're ready to release it, working continuously with your kidneys and urethra to filter waste and keep your urinary tract clear.

When bacteria gain a foothold in the urinary tract, the bladder lining becomes irritated and inflamed, producing the burning sensation and urgency that signal an infection is underway.

Acidic urine intensifies that burning, which is why herbs that neutralize acid and calm inflammation, used right away, can interrupt the cycle before it takes hold.

Bladder Comfort is built around that timing — fast-acting herbs meant to be reached for immediately at the first sign of discomfort, not as a daily tonic. It's specifically a comfort formula, aimed at easing the burning and pain of voiding rather than clearing the infection itself — for that, it's used alongside Herbal Aid 1 and Echinacea.

This Herbal Combination:

- NEUTRALIZES the acid that causes burning during urination
- CALMS an already-inflamed, irritated bladder
- SUPPORTS the body's own response to a bladder or urinary infection
- WORKS WELL alongside Herbal Aid 1 and Echinacea for full infection-clearing support
- 100% organic, herbal, sugar-free and chemical-free

BOTANICAL INGREDIENTS: Juniper Berry, Cranberry, Parsley Root, Corn Silk, Uva Ursi



Juniper Berry

The dominant herb in this formula — a classic urinary antiseptic and diuretic. Its volatile oils are excreted through the kidneys and have a direct antiseptic action on the urinary tract, which is why it's traditionally reached for at the first sign of a bladder infection.



Cranberry

Well known for helping keep bacteria from adhering to the bladder wall, and for its acid content, which — together with Juniper — helps neutralize the burning sensation of a bladder infection.



Parsley Root

A gentle diuretic that helps flush the urinary tract, supporting the other herbs by keeping fluid moving through.



Corn Silk

The formula's dedicated comfort herb — a true demulcent, it coats and calms the irritated bladder lining directly, easing the burning and urgency themselves rather than just addressing what's causing them. Very gentle and well tolerated, so it's given a stronger presence here than a typical supporting herb, for real relief right when it's needed most.



Uva Ursi

A traditional urinary antiseptic, with arbutin as its active principle — used here in a supporting amount alongside Juniper rather than as the lead herb.

HOW IT WORKS

Juniper and Cranberry work together to neutralize the acid that causes burning during urination, while Uva Ursi adds extra antiseptic support and Cranberry also helps keep bacteria from re-adhering to the bladder wall. Corn Silk is the formula's dedicated comfort herb — a true demulcent that coats and calms the irritated bladder lining directly, easing the burning and urgency themselves rather than just addressing what's causing them — and it's given a stronger presence in this blend for exactly that reason. Parsley Root's gentle diuretic action keeps fluid moving through the urinary tract, supporting the other herbs by helping flush out what's irritating it. Used at the very first sign of discomfort — alongside Herbal Aid 1 and Echinacea to clear the infection itself — this combination is built to ease the pain and burning right away.

Dosage

- Add an ounce of the formula to your large mug.
- Pour 6 to 8 ounces of boiling water into the mug, over the formula — this shocks off the alcohol, so there's no need to boil the formula itself.
- Let it sit a minute or two to let the alcohol finish evaporating off.
- Top off with cold water so it can be consumed easily and quickly.
- Drink the full amount right away, rather than sipping it slowly.
- Try to hold off urinating for about 45 minutes afterward, to give the herbs time to work.

KIDNEY SUPPORT, BLADDER SUPPORT, OR BLADDER COMFORT?

Our three urinary formulas share a few herbs, but each has its own job.

Kidney Support is our basic nourishing formula for the entire renal system: food for the kidneys. Taken with Kidney/Bladder Tea, it can be used as long as you like.

Bladder Support is for incontinence and urgency, which are often caused by a mild infection or bacteria in the bladder or urinary tract. It helps clear that urgency and supports bladder control.

Bladder Comfort is used only for the burning pain of a bladder infection. Taken as a single strong drink, it eases that pain while Herbal Aid 1 and Echinacea support the body in clearing the infection.

Note: Juniper Berry and Uva Ursi are traditionally avoided during pregnancy or with kidney inflammation (nephritis). This is for symptom relief alongside appropriate care, not a substitute for medical attention in a severe or recurring infection.

For more on this formula, see my blog post "The First Twinge Is the Time to Act" at www.daradietz.me.