Male Booster

A revamped blend of herbs traditionally used to support men's vitality, stamina, and hormonal balance.

This Herbal Combination



Ashwagandha Root — a well-known adaptogen, traditionally used to help the body handle stress and to support healthy hormone balance, energy, and stamina.



Fenugreek Seed — long used to support men's vitality and hormonal health, and traditionally regarded as a supportive food for stamina.



Tongkat Ali Root — a traditional Malaysian herb, long used to support male vitality, stamina, and healthy testosterone levels.



Tribulus Terrestris — traditionally used to support libido and physical performance.



Maca Root — a root from the Andes, traditionally valued for supporting energy, stamina, and libido.



Ginseng — one of the most traditionally used herbs for vitality, traditionally used to support energy, stamina, and healthy sexual function.

How It Works

This is a revamped version of our Male Booster formula, built around a smaller, more focused set of herbs traditionally used to support the body's own hormonal balance and vitality — Ashwagandha, Fenugreek,

and Tongkat Ali form the heart of the blend, rounded out with Tribulus Terrestris, Maca Root, and Ginseng for added support of stamina, energy, and libido.

Suggested Use

2 to 3 dropperfuls, 2 to 3 times daily, or as needed. As with any herbal tonic, use your own best judgment — this is an herb, not a drug.

This information is provided for educational purposes as part of traditional herbal practice and is not intended to diagnose, treat, cure, or prevent any disease. Always consult a qualified healthcare provider regarding any health condition.

For more on this formula, see my blog post "A Focused Blend for Male Hormone Balance" at www.daradietz.me.