SNEEZE-EASE

Herbal Support for Allergies, Hay Fever & Sinus Conditions!

- RELIEVES Associated Symptoms Quickly
- CLEARS Excess Mucus Associated with Allergies & Hay Fever
- Contains Tannins a Powerful Herbal Decongestant
- 100% organic, herbal, sugar-free and chemical-free

BOTANICAL INGREDIENTS:

Mormon Tea, Marshmallow Root, Juniper Berries, Golden Seal Root, Chaparral, Burdock Root, Parsley Root, African Birds Eye Pepper, Lobelia



MORMON TEA

The tannins in Mormon tea has a drying (astringent) effect and can reduce body secretions such as mucus.

MARSHMALLOW ROOT



Marshmallow is very soothing and healing to the inflamed respiratory, alimentary, intestinal, and genitourinary areas. He said that the herb is high in lime and calcium, and especially high in oxygen and pectin. For those concerned that their reduction of dairy products will deprive them of needed calcium, Marshmallow is among the many herbs which will richly fill that need.



JUNIPER BERRIES

Juniper Berries are thought of as a renal support herb but are also known to removes waste products from the entire system via the kidneys; thus it is sometimes considered an agent for “internal fumigation” to ward off contagion. The herb is also said to act like copaiba in arresting mucus discharges.



GOLDENSEAL ROOT

Despite the warnings about overuse of the herb, Golden Seal is considered to be one of the best general medicinal aids in the entire herbal kingdom. Long considered one of the best substitutes for quinine, a most excellent remedy for colds and flu, as well as all stomach and liver troubles when taken as tea. Golden Seal has a potent action on the mucous membranes, clearing up profuse or morbid secretions. It also effectively cleanses the liver..



CHAPARRAL

Chaparral is typically used to alleviate respiratory difficulties, for example, colds and bronchitis. It’s an all-natural expectorant and will help keep the airways clear of excessive mucus.



BURDOCK ROOT

Generally speaking, any disease which originates in a toxic condition can be helped by the use of Burdock root. Issues from Allergies to skin eruptions, anywhere the toxins build up so much in the blood that they swell up creating blockage and pain.



PARSLEY ROOT

Parsley has long been used as a healer for the urinary tract. It is also a remarkable remedy for expelling watery poisons, excess mucus, flatulence, reducing swollen and enlarged glands, etc.



AFRICAN BIRDS EYE PEPPER

One of the most important uses of African Birds Eye Pepper is as a circulatory stimulant. It should be given when a chill is coming on, to offset a cold, or to help break a fever, as it sustains the portal circulation and assists in the removal of mucus, as well as inducing perspiration. Since African Birds Eye Pepper works so effectively to eliminate mucus from the body, it is an excellent expectorant. Mixed with ginger, it does a wonderful job of cleaning out the bronchial tubes and sinus cavities and relieving immediately all problems of colds and congestion



LOBELIA

Lobelia is a “thinking” agent which goes to whatever part of the body is ailing and treats it, often in conjunction with other herbs.

HOW IT WORKS

As a Support for Allergies, Sinus, and Hay Fever; the Sneeze-ease formula is an aid for clearing up these malfunctions, a "natural and herbal help" working as a decongestant and natural antihistamine to dry up the sinuses and expel from the head and broncho-pulmonary tubes and passages the offending stoppage and mucus.

Dosage: ½ to 1 tsp. two times a day added to hot distilled water.

For more on this formula, see my blog post “Drying Up Allergies, Hay Fever and Sinus Trouble” at www.daradietz.me.